

## UNCOPE\*

<b><u>U</u> = Used</b>	<b>I</b>	<b>C</b>
------------------------	----------	----------

**Question:** “In the past year, have you drank or **used** drugs more than you meant to?” **Or**  
 “Have you spent more time drinking or using than you intended to?”

<b><u>N</u> = Neglected</b>	<b>I</b>	<b>C</b>
-----------------------------	----------	----------

**Question:** “Have you ever **neglected** some of your usual responsibilities because of using alcohol or drugs?”

<b><u>C</u> = Cut Down</b>	<b>I</b>	<b>C</b>
----------------------------	----------	----------

**Question:** “Have you felt you wanted or needed to **cut down** on your drinking or drug use in the last year?”

<b><u>O</u> = Objected</b>	<b>I</b>	<b>C</b>
----------------------------	----------	----------

**Question:** “Has anyone **objected** to your drinking or drug use?”

**Or**

“Has your family, a friend, or anyone else ever told you they objected to your alcohol or drug use?”

<b><u>P</u> = Preoccupied</b>	<b>I</b>	<b>C</b>
-------------------------------	----------	----------

**Question:** “Have you ever found yourself **preoccupied** with wanting to use alcohol or drugs?”

**Or**

“Have you found yourself thinking a lot about drinking or using?”

<b><u>E</u> = Emotional Discomfort</b>	<b>I</b>	<b>C</b>
--	----------	----------

**Question:** “Have you ever used alcohol or drugs to relieve **emotional discomfort**, such as sadness, anger, or boredom?”

# of Positive responses by <b><u>I</u></b> ndividual being screened:  _____	# of Positive responses indicated by <b><u>C</u></b> ollateral information:  _____	<b><u>Total Score</u> (# of positive responses by either <b><u>I</u></b>ndividual or <b><u>C</u></b>ollateral information/per question):  _____</b>
--	--	---

\* Two or more positive responses indicate abuse or possible dependence; four or more positive responses strongly indicate dependence. For an individual with a **Total** of **one** positive (Yes) response **recommend** they seek a substance abuse assessment; an individual with a **Total Score** of **two or more** positive (Yes) responses should be **referred** for an assessment/evaluation and possible treatment. Total Score is from self- report and/or collateral information.

Developed by Norman G Hoffmann, PHD  
 Evince Clinical Assessments  
 PO Box 17305, Smithfield RI 02917  
 Tel: 800-755-6299